


ADONIS
Fertility International

NA Headquarters
of Adonis Medical Group

TRAVELING TO UKRAINE FOR MEDICAL PROGRAMS?

6 Invaluable Resources That Will Be Life Savers for You

INCLUDED

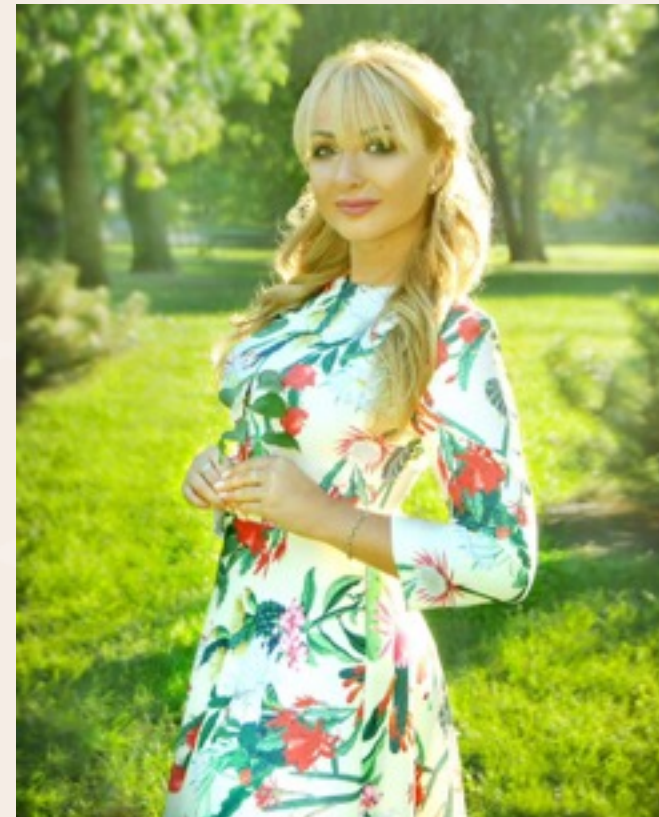
1. Covid-19 Insurance Providers recommended by Ukraine
2. Self-Quarantine App from Ministry of Digital Transformation of Ukraine
3. Food delivery places (download apps on your phone)
4. Best transportation companies to get around Kyiv, Ukraine
5. List of places to visit in Kyiv, Ukraine
6. Best malls (where locals love to shop - excellent selections and prices for you and your family, including a great variety of stores for baby and kid items)



Clients planning to travel to Ukraine for surrogacy, frontier fertility treatments, stem cell programs, plastic surgery, and more have one question in common:

What does travel to Ukraine currently look like?

We've asked our Adonis Senior Travel Advisor, Valentina Shevchenko, to summarize some critical resources for you. She's a top expert when it comes to having inside information regarding travel to Kyiv, Ukraine. After 13 years of working for leading airlines and managing a full-service, international tourist agency, her vast connections and expertise are invaluable.



Valentina Shevchenko, Senior Travel Advisor, ADONIS

I. COVID-19 INSURANCE PROVIDERS RECOMMENDED BY UKRAINIAN OFFICIALS

If you're traveling to Ukraine in the near future, COVID-19 Insurance is mandatory. If your current insurance does not cover COVID-19 and/or there are no insurance agencies in your country that offer this, you can purchase COVID-19 insurance for your trip to Ukraine.

- PJSC "ALFA INSURANCE":
www.alfaic.ua

- JSC "UNIQA":
www.uniqa.ua

- SC "AXA Insurance":
www.axa-ukraine.com

- JSC "UASK ASKA":
www.aska.com.ua

- JSC "Providna":
www.providna.ua

- JSC "Ilchevskoe":
<http://ua.illichivska.com.ua/>

- PZU:
<https://www.pzu.com.ua/>

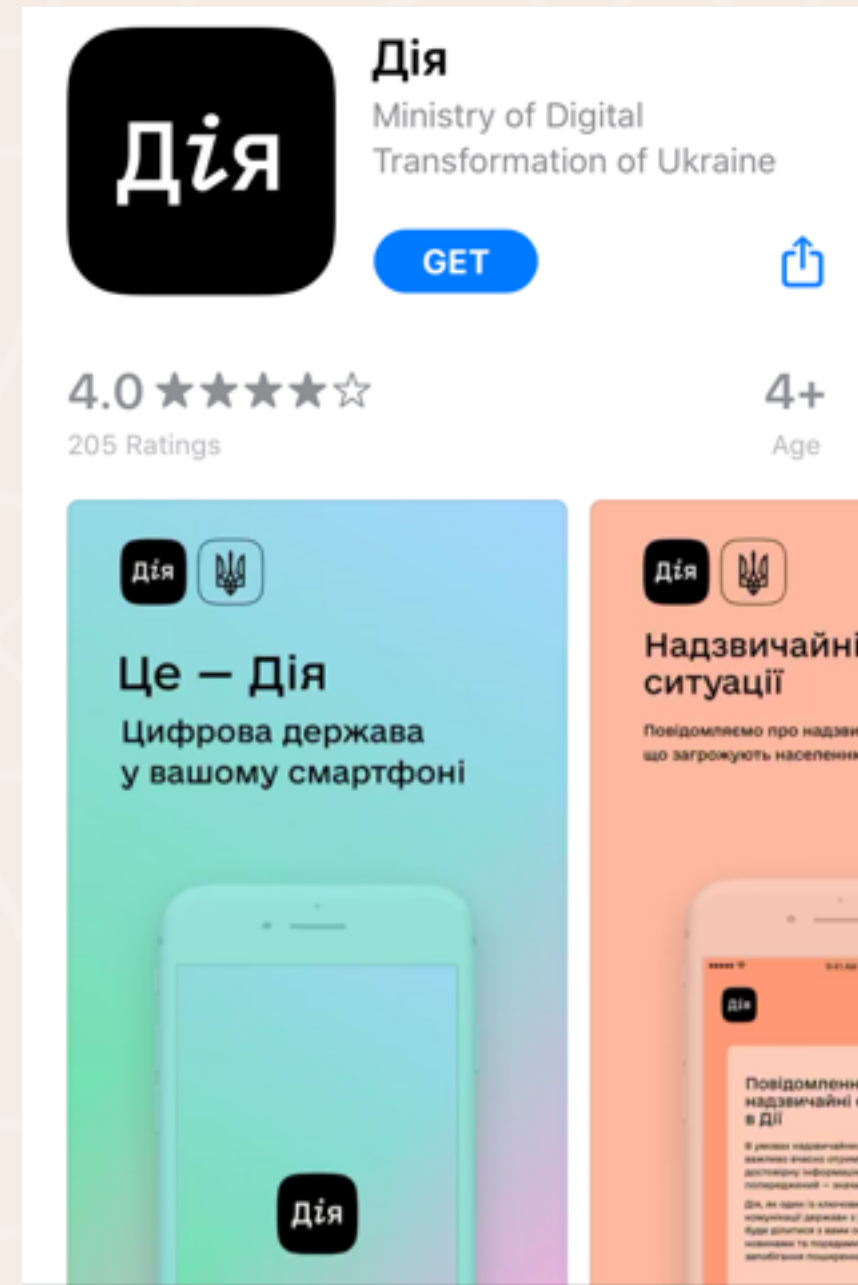
- VUSO:
<https://vuso.ua/uslugi/turisticheskoe-strahovanie.html>

- SG TAS:
<https://sgtas.com.ua/travel/>

2. SELF-QUARANTINE APP

If you're arriving from a country in the red zone (countries with a high COVID-19 spread) or are a citizen (national) of one of these countries, you're required to complete a mandatory 14-day self-quarantine.

To do this, you will be required to download this App and follow the instructions provided.



3. FOOD DELIVERY

Kyiv has many incredible food delivery places (apps) for you. Here are the ones we recommend.



Uber Eats



Raketa



Glovo



Rozetka



Bolt Food

4. TRANSPORTATION

Kyiv has many transportation options available for you. Although public transport is highly developed (including metro, buses, and trolleys), private transportation companies are convenient, affordable, and provide extra health benefits.

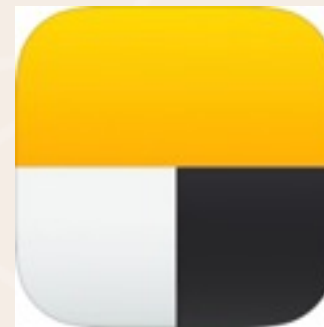
Here are the services the Adonis Travel Team recommends (download apps at your convenience):



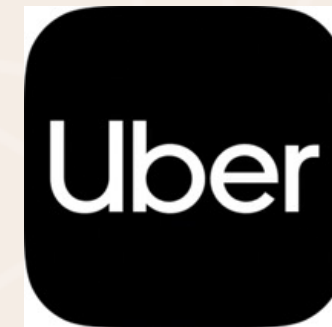
Bolt



Uklon



Yandex.Taxi



Uber

5. LIST OF PLACES TO VISIT IN KYIV

Kyiv is one of the most beautiful and oldest cities in Europe. There's so much to do and see between your medical programs.

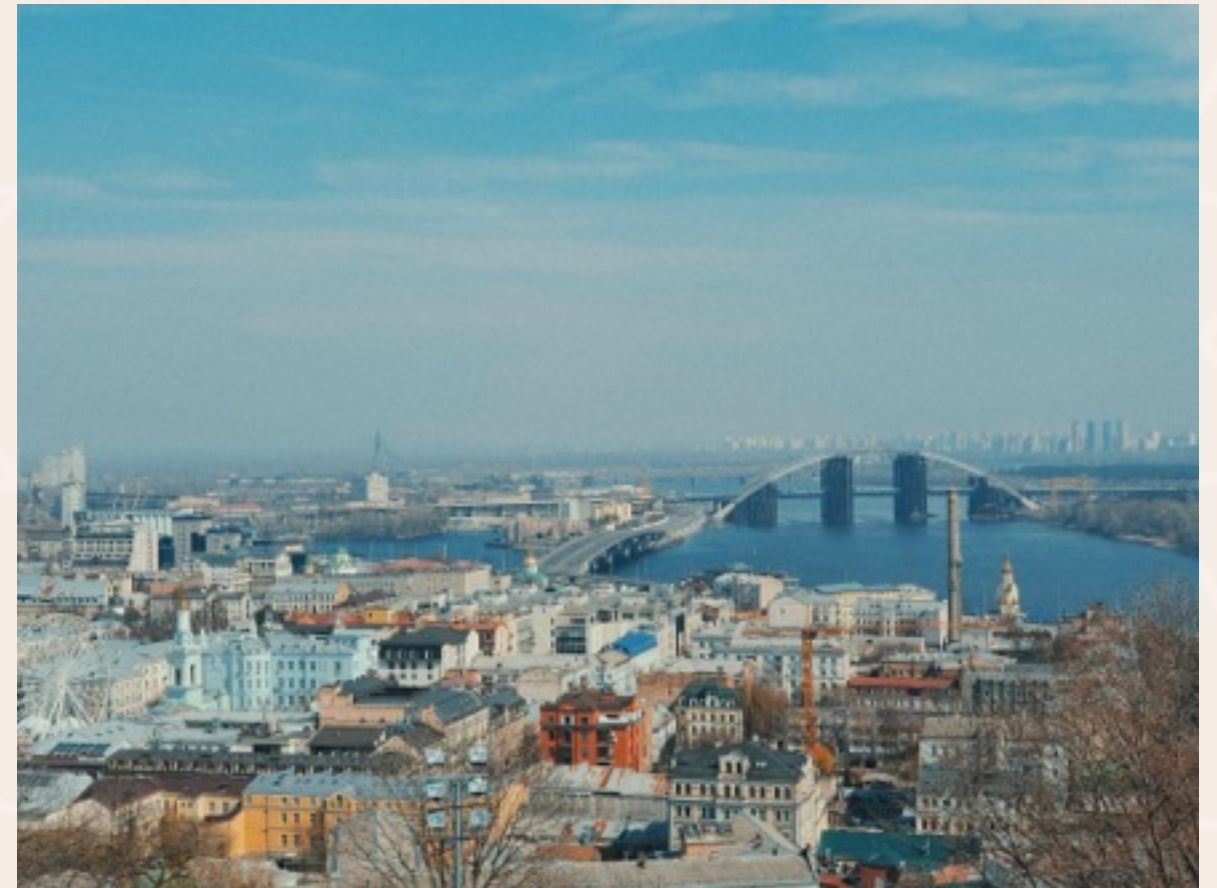
Sightseeing

<https://www.visitkievukraine.com/attractions/>

<https://ru.scribd.com/doc/17195048/Kiev-City-Guide-Online-Travel-Guide-to-Kyiv-iPaper-Download-PDF>

Places to eat

<https://www.thewayfarersbook.com/ultimate-kiev-restaurant-guide/>



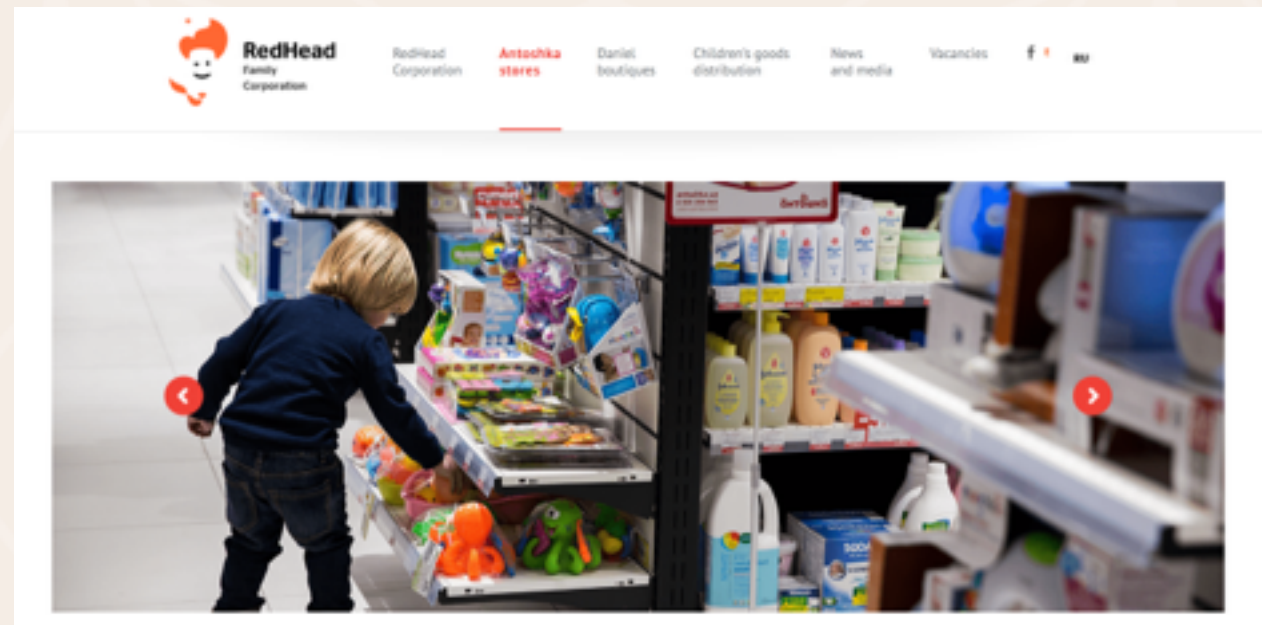
6. BEST MALLS

Where locals love to shop - excellent selections and prices for you and your family, including a great variety of stores for baby and kid items

<https://gullivercenter.com/en/trc-shops-detskie-tovary>

GULLIVER

<http://redhead.ua/en/supermarkets>



ADONIS

medical group of companies

#1 NAME IN
INTERNATIONAL
SURROGACY, EGG
DONATIONS, AND
MEDICAL TOURISM



No detail is too small when it comes to supporting those traveling to Ukraine for medical treatments.

Adonis is always looking for the best for our clients, whether they're coming for a single program such as cost-effective, high-quality surrogacy, or are taking advantage of a whole suite of programs (age-reversal stem cell, cost-effective surrogacy, comprehensive immunity therapy boost, and more).

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